

Module 4 Youth Unit: Let's Act

What is in this module?

June 2019



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INTRODUCTION

'Let's Act' offers a set of resources to explore actions to stop climate change from getting worse (mitigation), actions to deal with the consequences of climate change (adaptation), and what actions youth can take both within their communities and as a future career.

It showcases real life examples of youth-led action and advocacy on climate change, with a focus on adaptation - in line with the Red Cross Red Crescent mandate to reduce climate change impacts for the most vulnerable people.

Use these materials to get inspired and take action on climate change. **Share your story** at kit@climatecentre.org to inspire other youth!

OBJECTIVE This module offers:

1. Explain climate change mitigation (CCM)
2. Explain climate change adaptation (CCA)
3. Discuss why Red Cross Red Crescent focuses on adaptation, to reduce impacts for the most vulnerable
4. Explore youth-led action and advocacy around the world
5. Explore youth-led action through research and careers
6. Promote sharing experiences to inspire other youth

PRODUCTS 1. PowerPoint presentation with explanatory notes

This presentation explains what actions can be taken to respond to the challenge of climate change and the difference between mitigation actions and adaptation actions. It also explains how climate change impacts different people in different ways and explains some of the actions that youth can take both within their own communities and their future careers.

2. Exercises & games

The following exercises and games are included in the module which are helpful for engaging youth in discussion around climate change actions:

- [Act to adapt](#)
A giant board game during which the 'community team' must take individual or community actions to prioritize resources and protect themselves against the 'hazard team'.
- [Ready!](#)
Starts as a sit-down preparation discussion that evolves into a physical game where players frantically race to complete actions before a disaster strikes.

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- [Flash mobs - instructional video](#)
A video explaining how to carry out flash mobs to communicate key climate change messages based on the experience of the Indian Red Cross in Delhi.
 - [Buzz about dengue](#)
A quick, team-based strategy game that teaches players how to combat dengue fever. Players take on the role of either humans or mosquitoes and must balance protective actions and proactive actions to keep their community safe.
 - [Hand washing with Anase](#)
Hand washing with Anase is a set of educational games to teach children when, why and how to wash their hands with soap and water.
 - [Y-Adapt – Full Curriculum](#)
Y-Adapt is an interactive, games-based curriculum. 7 sessions build on each other to explore key concepts of climate change, extreme weather, hazards and vulnerabilities relevant to participants' communities, developing awareness of integrated approaches to promote risk management. Drawing upon the 'Vulnerability and Capacity Assessment' methodology, Y-Adapt innovatively incorporates tools such as the seasonal calendar to show change over time. Experiential learning and dialogue strengthen understanding and engage youth in developing ideas to reduce climate-related risks, adapt and become more climate resilient. The final session supports the actual implementation of participant's own identified adaptation actions.

3. Experiences from other Red Cross/ Red Crescent Societies

[Y-Adapt Youth-Led Community Adaptation](#) – Global Red Cross Youth

- Y-Adapt has just started being launched with Red Cross Red Crescent youth around the world! As youth complete the programme and take action in their communities they will create an adaptation card to capture their activities.
- Adaptation cards will be uploaded onto this [interactive world map](#). Keep checking back for more examples as more youth engage with Y-Adapt
- Get inspired by their actions and apply them to your community!

[Climate Change is NOW](#) – Pacific Red Cross Youth

- A message from the Red Cross Youth of the Pacific. They share how climate change is impacting them, how they are already taking action to adapt but call for urgent support from the rest of the world.
- This was presented at COP23, calling for urgent action to build the resilience of the people most vulnerable to climate and weather extremes around the world - to avoid drastic humanitarian consequences.

[From the Philippines to Haiti: expanding the 'Y-Adapt' global community](#)

- The Y-Adapt curriculum originally developed in the Philippines with the Philippines Red Cross, Plan International and Engagement Lab is now being piloted with Haiti Red Cross.

[Y-Adapt pilots' global launch in Haiti - Haiti | ReliefWeb](#)

- As Red Cross youth from around the world complete the Y-Adapt curriculum their adaptation cards will be uploaded onto this interactive world map.

- Is your National Society active on the youth & climate change agenda?
 - Are you keen to advance this agenda & inspire other youth across the world to take action?
 - **Let's Act! Share your story at kit@climatecentre.org for us to upload**
 - Make a video / interview / article / mini documentary / photo diary / drawing...

4. Recommended films / videos

[Children in a Changing Climate](#)

Listen to children from across the world share how climate change impacts them in their countries, and the actions they are taking to adapt.

5. Frequently Asked Questions

If you have a question that's not answered by the CTK – ask us at kit@climatecentre.org

Watch this space for a forum for peer to peer exchange!

6. Relevant reading

For a better understanding of the content of this module, see the Relevant Reading section which contains the following:

- [Y-Adapt Concept Note: Guide to implementation](#)
 - [Small simple actions on climate change](#) (IFRC)
 - [UNICEF report: The challenges of climate change – children on the front line](#) (UNICEF)
 - [Public Awareness and Public Education for Disaster Risk Reduction](#) (IFRC)
 - [Minimum standards for climate smart disaster risk reduction](#) (Climate Centre)
 - [A landscape approach for disaster risk reduction in 7 steps](#) (Care and Wetlands International)
 - [Setting up and running a school garden](#) (FAO)
 - [Youth in action on climate change: inspiration from around the world](#) (United Nations Joint Framework Initiative on Children, Youth and Climate Change)
 - [Children and the Changing Climate: Taking Action to Save Lives](#) (UNICEF)
 - [Climate Centre Youth Strategy 2020 \[Coming soon\]](#)
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